



Although a formal committee of Brighton & Hove City Council, the Health & Wellbeing Board has a remit which includes matters relating to the Clinical Commissioning Group (CCG), the Local Safeguarding Board for Children and Adults and Healthwatch.

Title:	Mental Health Pledge	
	Extract from the proceedings of the Council meeting held on the 25 th July 2019	
Date of Meeting:	10 September 2019	
Report of:	Executive Lead Officer for Strategy, Governance & Law	
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Wards Affected:	All	
FOR GENERAL RELEASE		

Executive Summary	
1. SUMMARY AND POLICY CONTEXT:	
1.1	To receive the following deputation referred from the full Council meeting held on the 25 July 2019.
2. RECOMMENDATIONS:	
2.1	That the Board responds to the deputation either by noting it or where it is considered more appropriate, calls for an officer report on the matter which may give consideration to a range of options and writes to the deputation spokesperson setting out the committee’s decision(s).
3. DEPUTATION	
3.1	To receive the following extract from the minutes of the full council meeting held on the 25 th July 2019 setting out the deputation and any supporting papers.
	(1) Deputation concerning the Mental Health Pledge Spokesperson Talia Fogelman
	Supported by:

Frida Gustafsson
John Lewry
Olivia Canham
Caroline Davis
Martin Poole

Ward(s) affected: All

BRIGHTON & HOVE CITY COUNCIL

COUNCIL

4.30pm 25 JULY 2019

COUNCIL CHAMBER, HOVE TOWN HALL

MINUTES

Present: Councillors Phillips (Chair), Robins (Deputy Chair), Simson, Allcock, Appich, Atkinson, Bagaeen, Barnett, Bell, Brennan, Brown, Childs, Clare, Davis, Deane, Druitt, Ebel, Evans, Fishleigh, Fowler, Gibson, Grimshaw, Hamilton, Heley, Henry, Hill, Hills, Hugh-Jones, Janio, Knight, Lewry, Littman, Lloyd, Mac Cafferty, Mears, McNair, Miller, Moonan, Nemeth, Nield, O'Quinn, Osborne, Peltzer Dunn, Pissaridou, Platts, Powell, Rainey, Shanks, C Theobald, Wares, West, Wilkinson, Williams and Yates

PART ONE

17 DEPUTATIONS FROM MEMBERS OF THE PUBLIC.

- 17.1 The Mayor reported that four deputations had been received from members of the public.
- 17.2 The Mayor said that the first deputation concerned the Mental Health Pledge, and invited Ms T Fogelman as the spokesperson to come forward and address the council.
- 17.3 Ms Fogelman thanked the Mayor and said that the deputation was a request for the Council to commit to collaborating with us to create a pledge to young people in Brighton and Hove, that will outline the experience they can expect when engaging with Mental Health Services in our city. We are asking for this issue to be referred to the Council's Health and Wellbeing Board, which would allow us to start a working relationship with the relevant health organisations that would allow us to create this pledge. The pledge would be a document of accountability of Mental Health Services in our city. It would aim to ensure a consistent and person-centred approach was offered to young people at every point of access and set a minimum standard to be adhered to when engaging with young people around mental health. The pledge would be young person centred and designed by listening to the voices of young people of Brighton and Hove, and written in conjunction with the CCG, Primary Care Trust, local mental health charities and other relevant health authorities. The pledge would be created in partnership with service providers and lead by the young people of our city. This would

involve focus group sessions with schools, youth groups, after school clubs and the universities. In working in conjunction with health organisations and the young people of our city we can ensure that the pledge is practical, informed by real lived experiences and can be implemented by relevant health services.

17.4 Councillor Moonan, Chair of the Health & Wellbeing Board said that the deputation addressed a very important issue. A pledge such as this would need to be agreed by all the parties and would be happy to receive the deputation at the next meeting of the Health & Wellbeing Board at its meeting on 10 September 2019. All members of the Deputation would be invited to the meeting.

17.5 The Mayor thanked Ms Fogelman for attending the meeting and speaking on behalf of the deputation. She explained that the points had been noted and the deputation would be referred to the Health & Wellbeing Board for consideration. The persons forming the deputation would be invited to attend the meeting and would be informed subsequently of any action to be taken or proposed in relation to the matter set out in the deputation.

DEPUTATON:

(1) Deputation concerning Mental Health Pledge

Our deputation is a request to Council to commit to collaborating with us to create a pledge to young people in Brighton and Hove, that will outline the experience they can expect when engaging with Mental Health Services in our city.

We are asking for this issue to be referred to the Council's Health and Wellbeing Board, which would allow us to start a working relationship with the relevant health organisations that would allow us to create this pledge.

What should the Pledge look like?

The pledge will be a document of accountability of Mental Health Services in our city. It will aim to ensure a consistent and person-centered approach is offered to young people at every point of access and set a minimum standard to be adhered to when engaging with young people around mental health.

The pledge will be Young Person Centred and designed by listening to the voices of young people of Brighton and Hove, and written in conjunction with the CCG, Primary Care Trust, local mental health charities and other relevant health authorities.

How will the Pledge be created?

The pledge will be created in partnership with service providers and lead by the young people of our city. This will involve focus group sessions with schools, youth groups, after school clubs and the universities. In working in conjunction with health organisations and the young people of our city we can ensure that the pledge is practical, informed by real lived experiences and can be implemented by relevant health services.

Thank you for your consideration.

Spokesperson

Talia Fogelman, Student at Sussex University



10% of children and young people in the UK have a clinically diagnosable mental health problem, yet 70% of children and adolescents who experience mental health problems have not had appropriate interventions at a sufficiently early age. Imagine if you had a health problem and it took years to get the help you needed. You would think it was unacceptable, and that something had to change. And you'd be right.

Brighton and Hove Citizens is an independent membership alliance of civil society institutions acting together for the common good of our city. Our membership organisations reach over 25,000 of Brighton and Hove's citizens - pupils, teachers, parents, students and workers of all faiths and none.

In the spring of 2019 our membership organisations held listening campaigns across our city to understand what key issues affect people living in Brighton and Hove. Speaking to the young people of our city the message was loud and clear: we need better, consistent and early access to support for mental health needs.

In April 2019 we held an Assembly with over 200 members of our community and the three leaders of the Labour, Conservative and Green groups in Brighton and Hove Council. At this assembly a young person and a parent spoke about their personal experience manoeuvring the mental health services in Brighton and Hove, and their fight to access the support they needed.

The leaders of Labour, Conservative and Green groups at the assembly all agreed to work with us to tackle this and improve the support for young people in our city. We now ask Council to begin working with us to tackle this issue and create a mental health pledge that sets out what young people can expect when in need of support.

This work will be comprehensive and inclusive and involve relevant mental health services and charities across our city. Crucially, the work will be led by young people from across Brighton and Hove. As an alliance we build and support people in our city to change issues that matter. In creating this pledge, we will support the young people of our city to lead the change and improvement of mental health services.

<https://www.mentalhealth.org.uk/statistics/mental-health-statistics-children-and-young-people>